



The Independent Citizens' Bond Oversight Committee

ICBOC Annual Report to the Community for 2009

January 2010

Dear Citizens:

Welcome to the 2009 Annual Report of the Proposition "G" Independent Citizens' Bond Oversight Committee (ICBOC). This Report will review ICBOC activities which occurred during the year 2009. This is the third ICBOC Annual Report following the creation of an

independent citizens' oversight committee by the Grossmont Healthcare District (GHD) board of directors. GHD, formed in 1952 to build and operate Grossmont Hospital, serves as landlord of the hospital, including ownership of the property and buildings, on behalf of East County residents. Sharp Healthcare manages the hospital under a 30-year lease that was executed with the District in 1991. The District is governed by a five-member board of directors, each elected to four-year terms, who represent more than 500,000 people residing within the District's 750 square miles in San Diego's East County.

The ICBOC consists of uncompensated volunteers from the local community who have the shared responsibility of overseeing the expenditures of millions of dollars of voter-approved bonds by the GHD board for capital improvement construction at Sharp Grossmont Hospital in La Mesa, Calif. The ICBOC was formed following the June 2006 election, when GHD sponsored Prop. G, a \$247 million general obligation bond measure. East County voters responded overwhelmingly by approving Prop. G by more than 77 percent, well above the two-thirds required. There was no organized opposition, and no ballot argument against Prop. G filed with the Registrar of Voters. The ballot measure listed specific infrastructure projects needed at Sharp Grossmont, as determined by the hospital's facilities master site plan. The bond revenues have begun financing a variety of much-needed infrastructure improvements at the hospital, which opened in 1952. The bonds are projected to fund capital infrastructure improvements through the year 2013. It is the intent of the ICBOC to issue reports annually to inform East County residents as to how bond proceeds are being spent.

I would encourage you to visit our website to review all pertinent ICBOC activities and public information, including agendas, meeting minutes, presentation documents, bylaws, construction contracts and reports and memos. The website can be visited at www.grossmonthealthcare.org, and then click the "Prop. G Independent Citizens' Oversight Committee" icon. In addition, the website is visible at <http://icboc.gafcon.net>. Gafcon, Inc., a San Diego-based construction management firm, is managing the website, as well as providing administrative support to the Committee. The website is designed in a consumer-friendly format so that every eye can see every relevant document and report and, at the same time, save a few reams of paper. I invite you to attend our meetings and we always welcome your input.

Regards,

Ernest Ewin, Chair



Grossmont Healthcare District board members and Sharp Grossmont Hospital officials celebrate ribbon cutting of E&CCC.

Emergency & Critical Care Center is dedicated

Construction work is now complete at Sharp Grossmont Hospital on the first infrastructure project that was financed by bonds approved by taxpayers in 2006. The \$41 million Emergency and Critical Care Center was dedicated on September 16, 2009. A ribbon cutting ceremony was held to dedicate the build-out of three upper floors located directly above the hospital's existing Emergency Department and Intensive Care Unit. An overflow crowd celebrated the opening of the E&CCC at the publicly owned hospital. The 75,000-square-foot expansion features 90 new patient beds, including 24 intensive care beds on one floor and 66 medical/surgical beds on two other floors. The addition brought the current total bed count at the hospital to 536.

The three new floors, called the West Tower by hospital staff, showcase soaring windows that provide ample natural light and views of the surrounding hills, along with lounge areas and sundeck terrace patios. Private rooms are equipped with flat-screen TVs, showers, and reclining chairs or couches that convert to beds for loved ones. Rooms also are equipped with extra storage capacity and new state-of-the-art medical equipment for improved diagnosis and treatment. Some equipment is located in headwalls for easy access for nurses. The critical care and acute care beds are configured into stations, or "pods," and arranged near various nursing stations with sleek, modern furniture along shorter, rounded hallways. To learn more about the SGH Emergency and Critical Care Center and to take an online tour, visit www.sharp.com/grossmont.



New patient rooms showcase soaring windows that provide ample natural light and views of the surrounding hills.

Construction Update

Work is continuing simultaneously on several Prop. G-related projects:

Emergency and Critical Care Center (West Tower):

Construction build-out is complete on the first infrastructure improvement project that was financed by voter-approved bonds at the publicly owned hospital. Despite some delays in completion, the project was completed within budget.

Cardiac and Vascular Center (Diagnostic and Treatment Center): This Center will include space for a new pharmacy and clinical lab and cath labs, as well as flexible, multi-purpose procedure rooms that can be used for a wide range of specialties. This includes general surgery, minimally invasive surgery and image-guided surgery, as well as endovascular intervention procedures. Re-evaluation of schematic design is in progress. Completion is scheduled for 2013.

Central Energy Plant: The construction of a new Central Energy Plant meets the capacity needs of Grossmont Hospital for several years into the future, while providing the space and opportunity for additional expansion through the use of new, energy efficient technologies and equipment. The project also will involve replacing two chillers and a steam boiler that will provide heating and cooling to various sections of the hospital. Preparation of construction documents is in progress and construction bid and award is scheduled for late 2010, with construction to begin soon thereafter. Completion is scheduled for 2012.

East Tower: This existing tower was originally constructed in 1974. Improvements are planned on floors 2, 3, 4 and 5. Work will include medical, electrical and plumbing upgrades to the nursing units, as well as patient room headwall replacements, new finishes, lighting, piping and toilets. Project scope and budget are currently being reviewed with state regulators. Work is scheduled to begin later this year, with completion in 2012.

Ring Road Utilities: This project includes the relocation of existing underground utilities under the ring road to allow realignment of the road to new contours and elevations that will accommodate the future D&T Center. Plans are currently under review by state regulators and construction is scheduled to begin this year, with completion in 2011.

Health Occupations Training Center: The Dr. John W. Hardebeck Health Occupations Training Center (HOTC) will feature classroom and lab space for the training for future generations of health care professionals. The HOTC is named after a former GHD board member who passed away in April 2008. Plans are currently under review by city officials.

Patients and Caregivers give expanded E&CCC a thumbs-up

Since the expansion of the Emergency and Critical Care Center at Sharp Grossmont Hospital last September, the reviews by medical personnel and patients have been very positive. "It's an exciting time for us," said Annie Hogue, R.N., who works on the medical intensive care unit on the second floor. "Just walking into the new tower gives me a sense of confidence and pride in what our community has accomplished."

Hogue, a critical care nurse at Grossmont for nearly 30 years, appreciates the advanced diagnostic and treatment technology that enhance patient care. "The medical and surgical intensive care units (MICU and SICU) share the same specialized beds, advanced call light systems that alert staff to various levels of urgency, portable cardiac monitors that slide in and out of docking stations in seconds, and centralized telemetry views of monitored patients throughout the tower."

"Our nurses and patients enjoy the natural lighting, soothing colors and spacious private rooms," said Pam Athwal, R.N., who manages the progressive care unit on the 4th floor. "It all contributes to creating a healing environment." While checking patient Daniel Fitterer's blood pressure, Jeeae Kim, R.N., who works on the 4th floor, said, "We have more space to move around the patient room and to access diagnostic equipment." Grossmont Hospital affiliated physicians who see patients on the new floors share the nurses' sentiment in providing this enhanced level of care to the community. "Our most acute patients are receiving the very best care possible with access to some of the most state-of-the-art medical technology available anywhere in San Diego," said Paul Abou, M.D., a Sharp Grossmont Hospital internal medicine physician.



Patient rooms are equipped with extra storage capacity and new state-of-the-art medical equipment for improved diagnosis and treatment.

Your ICBOC Members

Ernest Ewin, ICBOC Chair, **Dr. James A. Johnson**, ICBOC Vice-Chair, **Ellen Arcadi, R.N.**, **Walter Heiser**, **Joseph Powell**, **Dr. Peter Hanson**, **George Hawkins**, **Robert Klaiber**, **Dr. Michael Peddecord**, **Robert Ayres**, and **James Maletic**.

Reappointed to two-year terms ending June 30, 2011:

Ellen Arcadi, R.N., Walter Heiser, Dr. James Johnson, Robert Klaiber, Dr. Michael Peddecord, and Joseph Powell.

Grossmont Healthcare District
9001 Wakarusa Street
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For meeting times please check:
<http://icboc.gafcon.net>

STATEMENT OF COMPLIANCE

This 2009 Annual Report is submitted to the taxpayers and residents of San Diego's East County region and the Board of Directors of the Grossmont Healthcare District by the Proposition G Independent Citizens' Bond Oversight Committee (ICBOC). To the best of our knowledge, it is our committee's belief that the Grossmont Healthcare District Board of Directors have faithfully expended authorized bond revenues for the intended purposes in compliance with the requirements specified in Prop. G and California state law. All ICBOC meetings are open to the general public, and are conducted in accordance with provisions of the Ralph M. Brown Public Meeting Act. All meeting notices, agendas, bylaws, minutes and relevant documents and reports received by the Committee, as well as activities of the Committee, are a matter of public record and are posted at a publicly accessible website: <http://icboc.gafcon.net>.